

# Milkshake powders



## Vanilla milkshake powder

### Ingredients

Skimmed Milk Powder, Sugar, Maltodextrin, Vegetable Oil, Inulin, Thickeners (Gum Arabic, Xanthan Gum, Guar Gum), Lactose, Bulking Agent (Cellulose), Milk Proteins, Stabilisers (Sodium Carboxy Methyl Cellulose, Dipotassium Phosphate), Emulsifier (Soya Lecithin), Vitamins and Minerals\*, Modified Maize Starch, Flavourings, Antioxidants (Tocopherol-rich Extract, Sodium Ascorbate), Colour (Beta-Carotene).

### \*Vitamins and Minerals

Vitamin C, Magnesium Oxide, Vitamin E, Ferrous Sulphate, Niacin, Zinc Oxide, Copper Gluconate, Pantothenic Acid, Vitamin B6, Vitamin A, Manganese Sulphate, Thiamin, Riboflavin, Folic Acid, Biotin, Potassium Iodide, Sodium Selenite, Vitamin D.

May contain traces of Gluten, Egg and Celery.

### Nutritional information

Property	Attribute	Per portion	Per 100ml	UOM*
Energy		924	1521	kJ
Energy		218	360	kcal
Protein		13.8	13.4	g
Carbohydrate		34.6	60.9	g
Carbohydrate of which	Sugars	29.7	47.4	g
Fat		2.5	6.5	g
Fat of which	Saturates	0.4	0.8	g
Fibre	Dietary	4.0	11.0	g
Sodium		0.25	0.30	g

\*UOM = Unit of Measure

Vitamins and minerals	per 100ml	%rda* per 100ml	per 295ml serving	%rda* per 295ml
Vitamin A (µg)	1183.01	148	437.01	55
Vitamin D (µg)	10.96	219	4.00	80
Vitamin E (mg)	27.40	274	10.00	100
Vitamin C (mg)	88.00	147	33.12	54
Thiamin (mg)	1.50	107	0.65	46
Riboflavin (mg)	0.99	62	0.80	50
Niacin (mg)	17.30	96	6.56	36
Vitamin B6 (mg)	1.84	92	0.80	40
Folic Acid (µg)	211.23	106	90.04	45
Vitamin B12 (µg)	1.01	101	1.15	115
Biotin (mg)	0.15	100	0.06	39
Pantothenic Acid (mg)	6.00	100	2.91	49
Calcium (mg)	517.81	65	507.26	63
Phosphorus (mg)	430.14	54	407.99	51
Iron (mg)	15.00	107	5.79	41
Magnesium (mg)	128.22	43	83.03	28
Zinc (mg)	12.79	85	5.71	38
Iodine (µg)	153.85	103	64.95	43
Potassium (mg)	717.81	-	650.13	-
Copper (mg)	1.10	-	0.41	-
Selenium (µg)	34.20	-	16.50	-
Manganese (mg)	0.82	-	0.30	-

\* RDA = Recommended Daily Amount



# Milkshake powders



## Strawberry milkshake powder

### Ingredients

Skimmed Milk Powder, Sugar, Maltodextrin, Vegetable Oil, Inulin, Lactose, Thickeners(Gum Arabic, Xanthan Gum, Guar Gum), Bulking Agent (Cellulose), Milk Proteins, Stabilisers (Sodium Carboxy Methyl Cellulose, Dipotassium Phosphate), Strawberry Powder (0.7%), Emulsifier (Soya Lecithin), Vitamins and Minerals\*, Flavourings, Colour (Beetroot Red), Antioxidants (Tocopherol-rich Extract, Sodium Ascorbate).

### \*Vitamins and Minerals

Vitamin C, Magnesium Oxide, Vitamin E, Ferrous Sulphate, Niacin, Zinc Oxide, Copper Gluconate, Pantothenic Acid, Vitamin B6, Vitamin A, Manganese Sulphate, Thiamin, Riboflavin, Folic Acid, Biotin, Potassium Iodide, Sodium Selenite, Vitamin D.

May contain traces of Gluten, Egg and Celery.

### Nutritional information

Property	Attribute	Per portion	Per 100ml	UOM*
Energy		921	1513	kJ
Energy		217	358	kcal
Protein		13.8	13.5	g
Carbohydrate		34.3	60.1	g
Carbohydrate of which	Sugars	29.8	47.5	g
Fat		2.6	6.6	g
Fat of which	Saturates	0.4	0.8	g
Fibre	Dietary	4.1	11.1	g
Sodium		0.25	0.30	g

\*UOM = Unit of Measure

Vitamins and minerals	per 100ml	%rda* per 100ml	per 295ml serving	%rda* per 295ml
Vitamin A (µg)	1078.90	135	400.01	50
Vitamin D (µg)	10.96	219	4.00	80
Vitamin E (mg)	27.40	274	10.00	100
Vitamin C (mg)	88.00	147	33.12	54
Thiamin (mg)	1.50	107	0.65	46
Riboflavin (mg)	0.99	62	0.80	50
Niacin (mg)	17.30	96	6.56	36
Vitamin B6 (mg)	1.84	92	0.80	40
Folic Acid (µg)	211.23	106	90.04	45
Vitamin B12 (µg)	1.01	101	1.15	115
Biotin (mg)	0.15	100	0.06	39
Pantothenic Acid (mg)	6.00	100	2.91	49
Calcium (mg)	517.81	65	507.26	63
Phosphorus (mg)	430.14	54	407.99	51
Iron (mg)	13.40	96	5.20	37
Magnesium (mg)	128.22	43	83.03	28
Zinc (mg)	12.79	85	5.71	38
Iodine (µg)	138.46	92	59.34	40
Potassium (mg)	717.81	-	650.13	-
Copper (mg)	1.10	-	0.41	-
Selenium (µg)	34.20	-	16.50	-
Manganese (mg)	0.82	-	0.30	-

\* RDA = Recommended Daily Amount



# Milkshake powders



## Chocolate milkshake powder

### Ingredients

Skimmed Milk Powder, Sugar, Maltodextrin, Cocoa Powder (10%), Inulin, Vegetable Oil, Lactose, Thickeners (Gum Arabic, Xanthan Gum, Guar Gum), Milk Proteins, Stabilisers (Sodium Carboxy Methyl Cellulose, Dipotassium Phosphate), Emulsifier (Soya Lecithin), Vitamins and Minerals\*, Modified Maize Starch, Antioxidants (Tocopherol-rich Extract, Sodium Ascorbate), Flavouring.

### \*Vitamins and Minerals

Vitamin C, Vitamin E, Ferrous Sulphate, Niacin, Zinc Oxide, Copper Gluconate, Pantothenic Acid, Vitamin B6, Vitamin A, Manganese Sulphate, Thiamin, Riboflavin, Folic Acid, Biotin, Potassium Iodide, Sodium Selenite, Vitamin D.

May contain traces of Gluten, Egg and Celery.

### Nutritional information

Property	Attribute	Per portion	Per 100ml	UOM*
Energy		944	1534	kJ
Energy		223	363	kcal
Protein		14.1	13.9	g
Carbohydrate		34.5	59.0	g
Carbohydrate of which	Sugars	29.8	46.3	g
Fat		3.0	7.5	g
Fat of which	Saturates	0.7	1.5	g
Fibre	Dietary	4.1	10.9	g
Sodium		0.26	0.34	g

\*UOM = Unit of Measure

Vitamins and minerals	per 100ml	%rda* per 100ml	per 295ml serving	%rda* per 295ml
Vitamin A (µg)	1078.90	135	410.80	51
Vitamin D (µg)	10.96	219	4.11	82
Vitamin E (mg)	27.40	274	10.27	103
Vitamin C (mg)	88.00	147	33.00	55
Thiamin (mg)	1.50	107	0.66	47
Riboflavin (mg)	0.99	62	0.81	51
Niacin (mg)	17.30	96	6.73	37
Vitamin B6 (mg)	1.84	92	0.82	41
Folic Acid (µg)	211.23	106	92.15	46
Vitamin B12 (µg)	0.93	93	1.13	113
Biotin (mg)	0.15	100	0.06	40
Pantothenic Acid (mg)	6.00	100	2.97	50
Calcium (mg)	463.01	58	491.89	61
Phosphorus (mg)	484.93	61	432.84	54
Iron (mg)	17.12	122	6.73	48
Magnesium (mg)	120.00	40	81.23	27
Zinc (mg)	12.79	85	5.83	39
Iodine (µg)	130.77	87	57.84	39
Potassium (mg)	1073.97	-	790.86	-
Copper (mg)	1.10	-	0.42	-
Selenium (µg)	33.30	-	16.50	-
Manganese (mg)	1.20	-	0.45	-

\* RDA = Recommended Daily Amount



# Milkshake powders



## Banana milkshake powder

### Ingredients

Skimmed Milk Powder, Sugar, Maltodextrin, Fructose, Vegetable Oil, Inulin, Thickeners (Gum Arabic, Xanthan Gum, Guar Gum), Lactose, Bulking Agent (Cellulose), Milk Proteins, Stabilisers (Sodium Carboxy Methyl Cellulose, Dipotassium Phosphate), Banana Powder (0.6%), Emulsifier (Soya Lecithin), Vitamins and Minerals\*, Flavourings, Antioxidants (Tocopherol-rich Extract, Sodium Ascorbate), Colour (Beta-Carotene).

### \*Vitamins and Minerals

Vitamin C, Magnesium Oxide, Vitamin E, Ferrous Sulphate, Niacin, Zinc Oxide, Copper Gluconate, Pantothenic Acid, Vitamin B6, Vitamin A, Manganese Sulphate, Thiamin, Riboflavin, Folic Acid, Biotin, Potassium Iodide, Sodium Selenite, Vitamin D.

May contain traces of Gluten, Egg and Celery.

### Nutritional information

Property	Attribute	Per portion	Per 100ml	UOM*
Energy		923	1518	kJ
Energy		218	359	kcal
Protein		13.8	13.4	g
Carbohydrate		34.4	60.2	g
Carbohydrate of which	Sugars	30.2	48.6	g
Fat		2.6	6.7	g
Fat of which	Saturates	0.4	0.8	g
Fibre	Dietary	4.0	11.0	g
Sodium		0.24	0.28	g

\*UOM = Unit of Measure

Vitamins and minerals	per 100ml	%rda* per 100ml	per 295ml serving	%rda* per 295ml
Vitamin A (µg)	1352.88	169	500.01	63
Vitamin D (µg)	13.90	278	5.07	101
Vitamin E (mg)	27.40	274	10.00	100
Vitamin C (mg)	88.00	147	32.12	54
Thiamin (mg)	1.50	107	0.65	46
Riboflavin (mg)	0.99	62	0.80	50
Niacin (mg)	17.30	96	6.56	36
Vitamin B6 (mg)	1.84	92	0.80	40
Folic Acid (µg)	211.23	106	90.04	45
Vitamin B12 (µg)	1.01	101	1.15	115
Biotin (mg)	0.13	89	0.05	35
Pantothenic Acid (mg)	5.00	83	2.55	42
Calcium (mg)	517.81	65	507.26	63
Phosphorus (mg)	80.00	54	407.99	51
Iron (mg)	13.40	96	5.20	37
Magnesium (mg)	120.00	40	80.03	27
Zinc (mg)	12.79	85	5.71	38
Iodine (µg)	131.00	87	56.61	38
Potassium (mg)	717.81	-	650.13	-
Copper (mg)	1.10	-	0.41	-
Selenium (µg)	34.20	-	16.50	-
Manganese (mg)	0.82	-	0.30	-

\* RDA = Recommended Daily Amount

